



## AUSTRALIAN NATIONAL CHAMPIONSHIPS – CANBERRA

4 to 16 July 2026

### HEALTH INFORMATION

#### Medical

For health care for injuries and illnesses that are not life-threatening there is a [free walk-in clinic](#) at the intersection of Lathlain and Cohen Streets in the Belconnen Town Centre. It is open between 7.30 am and 10 pm and no appointment is required. The [North Canberra Hospital](#) (formerly known as the Calvary Hospital) is a public hospital, with a 24-hour emergency department, located 3 km from the Canberra Labor Club.

#### Pharmacy

The [Chemist Discount Centre](#) at 33 Egan St Belconnen (phone 02 6251 5775) is 1.3 km from the Canberra Labor Club and is open from 7:30 am to midnight.

#### Precautions

Packing medication for colds and flu is recommended, given the nature of the Canberra winter climate and the enclosed playing areas.

The extent of respiratory infections experienced during some previous bridge events suggests that vaccinations for flu, RSV and Covid a month before attending the 2026 ANC are wise precautions.

To minimise the spread of infection, those with persistent coughs and sneezes are asked to wear a mask and sanitise their hands frequently.